

Charism Summary  
Guide

[March 5, 2016]

*Called &  
Gifted*



*Helping Lay Catholics  
Discover Their Mission*

## **YOU ARE CALLED AND YOU ARE GIFTED!**

Have you ever felt like there is something missing in your life, but you just can't put your finger on it? Have you struggled with finding the direction the Lord is leading you in? Do you feel over worked, stressed, or anxious? Do you wish to lead a more fulfilling and fruitful life?

The answer to your prayers might be as simple as discerning the charisms that God has given **YOU**. A charism is a spiritual gift from the Holy Spirit that we each receive at Baptism and in our Catholic faith, we believe it is made complete through the Sacrament of Confirmation. Charisms are given for ministry to others as a channel of God's love and provision. Charisms focus outward by helping others to encounter Jesus. A charism is **NOT** a natural talent, but is truly a gift that stems from the grace of God and is manifested through a personal relationship with Him. According to St Paul, the purpose of a charism is to bring God's love into the world and can only be used for good, never for evil.

*Now there are varieties of gifts, but the same Spirit; and there are varieties of services, but the same Lord; and there are varieties of activities, but it is the same God who activates all of them in everyone. To each is given the manifestation of the Spirit for the common good. [1 Cor 12:4-8]*

Trying to discern, or figure out, which charism you may have can be challenging. We are very blessed at our parish to have a program to help with the process. It is the Called and Gifted program.

### **What is the Called and Gifted program?**

We are all *called* by Christ and *gifted* through His unending grace and love. Sometimes, we may need help to figure out the direction the Lord is leading us in. The purpose of this program is to help each individual identify the charisms the Holy Spirit has gifted them with. This program can be done individually or within a group. This program has been very successful in helping parishioners with the discernment process. Through the use of a workbook, readings, in class discussions and quiet prayer time, individuals are guided in the discernment process to help them find their true calling and purpose in Christ.

Continue reading to hear more about the 24 most commonly recognized Charism

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<b>Charism</b>	<b>Description</b>
Administration	Empowers a Christian to be an effective channel of God's wisdom by providing the planning and coordination needed to accomplish good things.
Celibacy	Empowers a Christian to be most fulfilled and spiritually fruitful by remaining unmarried and celibate for the sake of Christ.
Craftsmanship	Empowers a Christian to be an effective channel of God's goodness to others through artistic or creative work that beautifies and/or orders the physical world.
Discernment of Spirits	Empowers a Christian to be an effective channel of God's wisdom by accurately perceiving a divine or demonic presence in certain people, places or things
Encouragement	Empowers a Christian to be an effective channel of God's love, nurturing others through his/her presence and words of comfort, encouragement and counsel.
Evangelism	Empowers a Christian to be an effective channel of God's love by sharing the faith with others in a way that draws them to become disciples of Jesus and responsible members of his Church.
Faith	Empowers a Christian to be an effective agent of God's purposes through an unusual trust in the love, power, and provision of God and a remarkable freedom to act on this trust.
Giving	Empowers a Christian to be a cheerful channel of God's provision by giving with exceptional generosity to those in need.
Healing	Empowers a Christian to be a channel of God's love through which God cures illness and restores health when healing is unlikely to occur quickly or to happen at all.
Helps	Empowers a Christian to be a channel of God's goodness by using his/her talents and charisms to enable other individuals to serve God and people more effectively
Hospitality	Empowers a Christian to be the a generous channel of God's love by warmly welcoming and caring for those in need of food, shelter, and friendship.
Intercessory Prayer	Empowers the intense prayer of a Christian for others to be a means by which God's love and deliverance reaches those in need.

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Knowledge	Empowers a Christian to be a channel of God's trust through diligent study and intellectual activity that enables us to better understand God, ourselves, and the universe.
Leadership	Empowers a Christian to be an agent of God's purposes by sharing a compelling vision of a better future with others and by directing the overall efforts of a group as they work together to make the vision a reality.
Mercy	Empowers a Christian to be a channel of God's love through practical deeds of compassion that relieve the distress of those who suffer and help them experience God's love.
Missionary	Empowers a Christian to be a channel of God's goodness to others by effectively and joyfully using their charisms in a second culture.
Music	Empowers a Christian to be a channel of God's creative goodness to others through writing or performing music for the delight of others and the praise of God.
Pastoring	Empowers a Christian to be an effective channel of God's love through building a community that nurtures the relationships and long-term spiritual growth of a group.
Prophecy	Empowers a Christian to be a channel of divine truth and wisdom by communicating a word or call of God to individuals or a group through inspired words or actions.
Service	Empowers a Christian to be a channel of God's purposes by recognizing the logistical gaps or unmet needs that can prevent good things from happening and by personally doing whatever it takes to solve the problem and meet the need.
Teaching	Empowers a Christian to be a channel of God's truth and wisdom by enabling others to learn information and skills that help them reach their fullest spiritual and personal potential.
Voluntary Poverty	Empowers a Christian to be a channel of God's loving presence by living a life of cheerful, voluntary simplicity or poverty in order to identify with Jesus and the poor.
Wisdom	Empowers a Christian to be a channel of God's goodness through remarkable insight that enables him/her to come up with creative solutions to specific problems and make good decisions.
Writing	Empowers a Christian to be a channel of God's creativity by using words to create works of truth or beauty that reflect the fullness of human experience and bring glory to God.